



THAILAND ITINERARY
ECHUCA VIC

DAY 1:

Arrive Bangkok 06:00am

On arrival into Bangkok you will collect your luggage and clear customs.

As you exit into the arrivals area you will be met by your Tour East representative who will transfer you to your confirmed hotel and also reconfirm your City and Temple Tour for the afternoon and your Floating Market tour for the following day.

CENTURY PARK HOTEL

9 Ratchaprarop Road Bangkok 10400 THAILAND

DAY 1:

Half Day Damnern Saduak Floating Markets

A glimpse of everyday life in Thailand can be seen at the Damnern Saduak Floating Market. An exhilarating narrow long-tailed speedboat ride through the marshes prepares you for this unique market where Thai style canoes laden with colourful fruits, vegetables, sweets and meats gently ply their way through the canal.

* Please refer to enclosed viva holidays documentation for further details.

DAY 2:

This morning you will be picked up by Tour East allowing plenty of time to transfer and check -in for your flight to Chiang Mai

DAY 3:

FLIGHT THAI AIRWAYS INTERNATIONAL TG 106

Arrive Chiang Mai 11:40am

On arrival into Chiang Mai you will collect your luggage and be met by your Tour east Representative who will immediately transfer you to your confirmed accommodation where you will connect with your Tiger & Long Necked Tribe tour also operated by Tour East.

ROYAL PRINCESS CHIANG MAI

112 Chang Klan Road, Muang Chiang Mai 50100 THAILAND

Tiger & Long-necked Tribe Tour

Enjoy a real hands-on experience with the big cats. Drive approximately 30 minutes from Chiang Mai to the Tiger Kingdom, where you can touch, play and take photos with the tigers. Then leave to visit a nearby Padong Long-necked Hilltribe at Baan Thong Luang. Here you will see the long-necked hilltribe people in their normal, simple life. The Padong people (also known as the longneck people or the giraffe women) prefer to be called Ka-Yan, having originated from Myanmar's northern state of Ka-Ya. They are now thought to only number around 7000. Of these, only about 300 have fled to Thailand and live along the Thai/Myanmar border. Includes entrance fees to visit the baby tiger area (one 15 minute session only) and entrance fees to visit the Padong Long-necked Hilltribe Village.

DAY 4:

Chiang Dao Elephant Jungle Trek and River Rafting

This morning at 8.30am you will be met by your Insider Journeys representative to start your day tour to Chiang Dao. This tour takes you about 40 miles north of Chiang Mai to the Chiang Dao Elephant Camp, situated in a picturesque setting on the banks of the Ping River. Here you can watch these amazing creatures taking their daily bath and demonstrating remarkable feats of strength and skill. You then join a 90-minute uphill elephant trek to a remote Lisu hilltribe village, who originated in Tibet and their villages are usually located in the mountains around 1000 metres. This thrilling ride takes you along the river and then past beautiful forest scenery of bamboo trees and hanging creepers. At the end of the ride, enjoy a traditional lunch, before boarding a bamboo raft for a relaxing hour-long adventure down the River Ping. Your day long adventure finishes with a visit to an Orchid Farm at Mae Sa where there is ample time to stroll around this scenic area. Lunch included.

DAY 5:

Lisu Experience 2 Day/1 night tour

You have your room still at Royal Princess due to a stay pay deal so you can leave your luggage securely in your room and just take a back pack for this trip

Please refer to Insider Journeys documentation for further details

CHIANG MAI TO LISU LODGE

This morning at approximately 8am you will be picked up from your hotel for your journey to the award-winning Lisu Lodge. The Lisu people are one of the many hilltribe ethnic groups living in the north of Thailand and migrated from Tibet in the 1920s. Lisu live at higher altitudes and organise village social structure around patriarchal clans, rather than a single village headman. Your lodge accommodation tonight is simple but clean and comfortable (private rooms with fans and private bathroom facilities). The Lodge has won several awards for its wonderful mountain atmosphere, and its employment of local people as managers, cooks, and hosts. After a welcome drink and briefing you will start your exploration of the local area by riding 13km from the lodge to Muang Guert (there is a support vehicle available at all times). En route stop off to relax and enjoy a magnificent landscape at a tea plantation where you will be led by an experienced guide who will introduce you to the process of growing and harvesting tea as well as vegetarian

propagation to produce tea seeding at the nursery. You will also be shown how to pluck tea leaves and enjoy a cup of fresh-roasted tea. Continue cycling to the rafting station, where after a healthy picnic lunch on the bank of the river you will continue your adventure with some white-water rafting finishing up at a traditional Thai country village. On your way back to Lisu Lodge where you will return by local truck, stop at a traditional Akha village and chat with the shaman (spirit doctor). Then our Lisu guide will take you for a walk through the rice paddies where we work together with the villagers to grow rice without the use of pesticide and insecticide. Besides strolling through the green or the golden parapet of the paddy fields, depending on the season, you will learn and participate in the various stages of rice cultivation in northern Thai style. Continue on to visit the Himmapaan nursery, learn about the flora of northern Thailand and how we restore the forest ecosystem at a tree nursery of the Himmapaan Foundation whose goal is to support and implement environmental and social projects by working with local communities in areas affected by tourism. Also enjoy a visit to the vegetable garden where we produce organic fertiliser from leftover organic waste and grow a variety of vegetables and fruits that are used in several dishes at Lisu Lodge. Enjoy some time at leisure until Thai dinner is served, followed by a traditional Lisu dance performed by the local children. Lunch and dinner included

ACCOMMODATION 1 night

LISU LODGE

Amphur Mae Teng

DAY 6:

LISU LODGE TO CHIANG MAI

Start your day with a hearty breakfast at Lisu Lodge served by your Lisu hosts, looking out to the surrounding mountains. Following this you will experience an ox-cart ride through farmlands and orchards to the Thai village of Baan Pang Mai Daeng - about an hour ending up back at Lisu Lodge. A second one hour activity can be booked at a nominal charge or you may opt to explore the local area on one of the bikes available to guests. After a delicious Thai lunch you will be taken back to your hotel in Chiang Mai. Breakfast and lunch included

When you return to Chiang Mai you will have the afternoon at Leisure perhaps for a massage at Rarajinda and wellness spa!!

DAY 7:

This morning you will be transferred with Tour Eat allowing plenty of time to check in for your flight to Phuket:-

FLIGHT AIR ASIA FD 3160

Arrive Phuket 1:35pm

DAY 8:

On arrival into Phuket you will collect your luggage and be met by a representative from Tour East who will transfer you to your reserved accommodation and reconfirm your sightseeing tours:-

CENTARA GRAND BEACH RESORT

3 Karon Soi 2 Phuket Thailand 83100

4 nights' accommodation - Superior Pool View Room
Includes Full Buffet Breakfast and dinner daily

You have the following tours:-

DAY 9:

Phi Phi by Speedboat Tour

Enjoy a full day visiting two of the most famous islands in southern Thailand, Phi Phi Don and Phi Phi Lay, and the beautiful surrounding seascapes. It takes around one hour by speedboat to reach Phi Phi Lay, the smaller of the two islands, which is home to Maya Bay made famous in the movie 'The Beach'. An ample Thai lunch will be served at a beachside restaurant. In the afternoon you will have the opportunity to swim or snorkel.

DAY 10:

Phang Nga Bay and James Bond Island Day tour

Discover the breathtaking beauty of Phang Nga Bay on a full-day guided boat tour that visits stunning locations throughout Ao Phang-Nga National Marine Park. Walk on the beach at Khao Phing Kan (known as the James Bond Island); canoe into a hidden lagoon at Koh Hong; take a longtail boat to a village built on stilts at Koh Panyi; and lounge and swim at Naka Island. This day trip includes breakfast and lunch, all transportation from Phuket and an experienced guide who shares informative commentary about the sights.

KHAO LAK MERLIN RESORT

7/7 Phetkaseuam Road Lumkaen, Phang Nga

4 nights' accommodation - Deluxe w room

Includes Full Buffet Breakfast and dinner daily

DAY 11:

You have the following tours to choose from:-

Similian Islands Day tour from Khao Lak (Seasonal)

We pick you up from your hotel 07-07:30 o'clock. This means that we avoid the hustle and bustle of Thap Lamu harbour and meet a peaceful pier. You will have a few minutes of information from your English-speaking tour guide, before boarding the boat to the Similan National Park. With the speed boat it usually takes about 1.5 hours to get there. Of course we come fully prepared with seasickness tablets (Dimenhydrinate 50mg) for those that need them. Even during the journey there you might be able to spot flying fish. Eventually the mystical Similan Islands appear on the horizon, as we anxiously creep nearer. Finally we reach the islands; everyone will be fascinated by this paradise island world: gently eroded granite rock formations reminiscent of the Seychelles and the glistening, white sandy beach not to be seen anywhere else in Thailand. With their picturesque bays under huge tropical trees, the Similan Islands make time stand still. The tropical water temperatures of 30 degrees and visibility of 20 meters underwater make this a highly appealing place for snorkelers. We often come across turtles while snorkelling; they swim in their curious circles and do not disturb us. At lunchtime Thai delicacies are served in a buffet style. Paths on one of the islands lead you through the granite rocks; this is an adventurous and exciting path taking you to the lookout point called Sail Rock. Here you will be rewarded with stunning

views and fantastic photo opportunities. On this trip we will visit two different islands and make three snorkel stops. Each snorkel stop has a length of about 30-45 min. For safety reasons we leave the Similan Islands at about 15:30 o'clock.

OR

Surin Islands day tour from Khao Lak (Seasonal)

We pick you up from your hotel in Khao Lak and drive about one hour to the pier in Kuraburi. There you will meet your snorkel guide, collect your equipment (included) and have a few minutes for a coffee or tea. The trip to the Surin Islands is approximately 1 ¾ hours. When you get there you can enjoy snorkelling in Tao Bay and Pakkard Bay; in these sheltered bays and reefs you can watch turtles and hundreds of species of fish swimming in the shallow water. After lunch in the National Park restaurant we snorkel in the most beautiful of all the Surin Islands – Torinya. Explore the coral reefs here and find fish that you can't find anywhere else in the world. After this we will visit a Moken (Sea Gypsy) Village and learn about their way of life. In the afternoon we head back to Khao Lak. The minibuses will be waiting for you at the harbour ready to take you back to your hotel.

Late this afternoon you will check out of your hotel and be transferred back to Phuket Airport allowing plenty of time to check in for your flight home. You will be able to check your luggage through to Melbourne.

FLIGHT THAI AIRWAYS INTERNATIONAL TG 222

Depart Phuket